



**TWISTERS**  
GYMNASTICS & TRAMPOLINE CLUB

## Covid-19 Protocols

**At Twisters Gymnastics and Trampoline Club we have adopted the following policies:**

- Completion of the Gymnastics Ontario Facility Declaration form and Assumption of Risk Agreement before the start of the session (copies of both on the website) **All forms must be completed.** Please note your child will not be able to participate without completed paperwork.
- Ensure participants and their families are aware (at least through signs) that they may not enter the facility if either they or a family member has had onset of illness with symptoms compatible with suspected or lab-confirmed COVID-19 in the prior 14 days.
- Please keep your child home if they or anyone in your family is feeling unwell.
- Prior to coming to work (daily) staff will be required to screen via self-assessment tool and record in log daily.
- Athletes may be dropped off at the front door of the recreation centre up to 10 minutes prior to the start of their class time. Our doors will remain open for 10 minutes following the start of the class. After this time the door will be locked and your child will not be able to participate if they are later.
- Please be on time to pick up your child as our staff cannot stay at the front door of the rec centre beyond 10 minutes after pick up time as they have another class to coach. Children under 12 may not leave the facility without a parent present. We ask that you approach the staff member at the door to take your child from our facility. It is sometimes unclear if a parent is picking up their child when we have a lot of traffic coming in and out of the facility.
- Parents may not accompany children into the gym unless they are registered in a Parented class. If your child will not enter the gym without you they will not be able to participate
- No viewing from the gym allowed.
- Ensure that your child arrives on time and ready to participate as there will be no changeroom available.
- Shoes will be brought into the gym and placed on the shoe rack. Coaches will monitor shoe distribution at the end of class to ensure social distancing
- Participants must sanitize hands upon entry to the facility and will be required to sanitize hands between every event.
- Masks are not needed for participants during class; however, they will need one when walking to and from our gym through the recreation centre. Parents attending parented classes will need to wear one
- Your contact information must be up to date.
- Ensure respiratory etiquette is followed by advising members to cough or sneeze into their arm.
- We will post Government of Ontario approved handwashing and physical distancing protocols in high traffic areas.
- Heightened cleaning and sanitizing of Gymnastics equipment when possible and at the end of the day.
- Frequent cleaning/sanitizing of high-touch surfaces.